

Soapberry Ice Cream

THE SOAPBERRY (OR SOOPALALLIE) IS A SMALL, SOUR, ORANGE BERRY. INDIGENOUS PEOPLE ON THE COAST HAVE ENJOYED SOAPBERRIES FOR CENTURIES BY TRADING WITH THEIR INLAND NEIGHBOURS, AS THE PLANT PREFERS DRIER CLIMATES.

Ingredients

Soapberries

Sugar

Procedure

Macerate the berries with sugar, then whip to a froth to make the "ice cream".

This distinctively tart-sweet concoction is often served on special occasions.

Enjoy! This food is best eaten with great merriment and tossed around in fun.

